

Safer Sleep Training for staff



DATES FOR 2021:

All from 09.30-12.30

- ❖ Thursday 15th April (*likely to be via MS Teams/online*)
- ❖ Wednesday 14th July (*venue below or online –tbc*)
- ❖ Tuesday 16th November (*venue below or online -tbc*)

VENUE: Hull Safeguarding Children's Partnership
Midmere Centre, Dorchester Road, HU7 6BD (*map attached*)
Tel: 379090 (option no. 4)

Aimed at:

Professionals working with parents before and after the birth of their baby

This session is intended as cascade training, so participants will be expected to be able to deliver the session to colleagues after attending. Participants must ensure they have managerial approval for this before applying. *CHCP staff are not expected to cascade training.*

There will be opportunities to discuss interactive facilitation, and participants will be provided with slides and lesson plans, and access to further information sources.

Aim of the Safe Sleep Training session

- To inform participants about current research around safe sleeping practices to assist parents in making the best choices for themselves and their babies.

Learning outcomes for the Safe Sleep Training session:

At the end of the session the participants will be able to:

1. Describe the correct terminology for bed sharing and co-sleeping
2. Identify the risk factors known to increase sudden infant death
3. List the benefits for having the baby in the same room during sleep periods
4. Outline the key difference between practices for safer sleep for bottle fed and breast fed babies
5. Describe the normal sleep pattern of babies
6. List reputable sources of information for parents and colleagues to use

CHCP STAFF PLEASE BOOK VIA THE USUAL ROUTE OF ESR

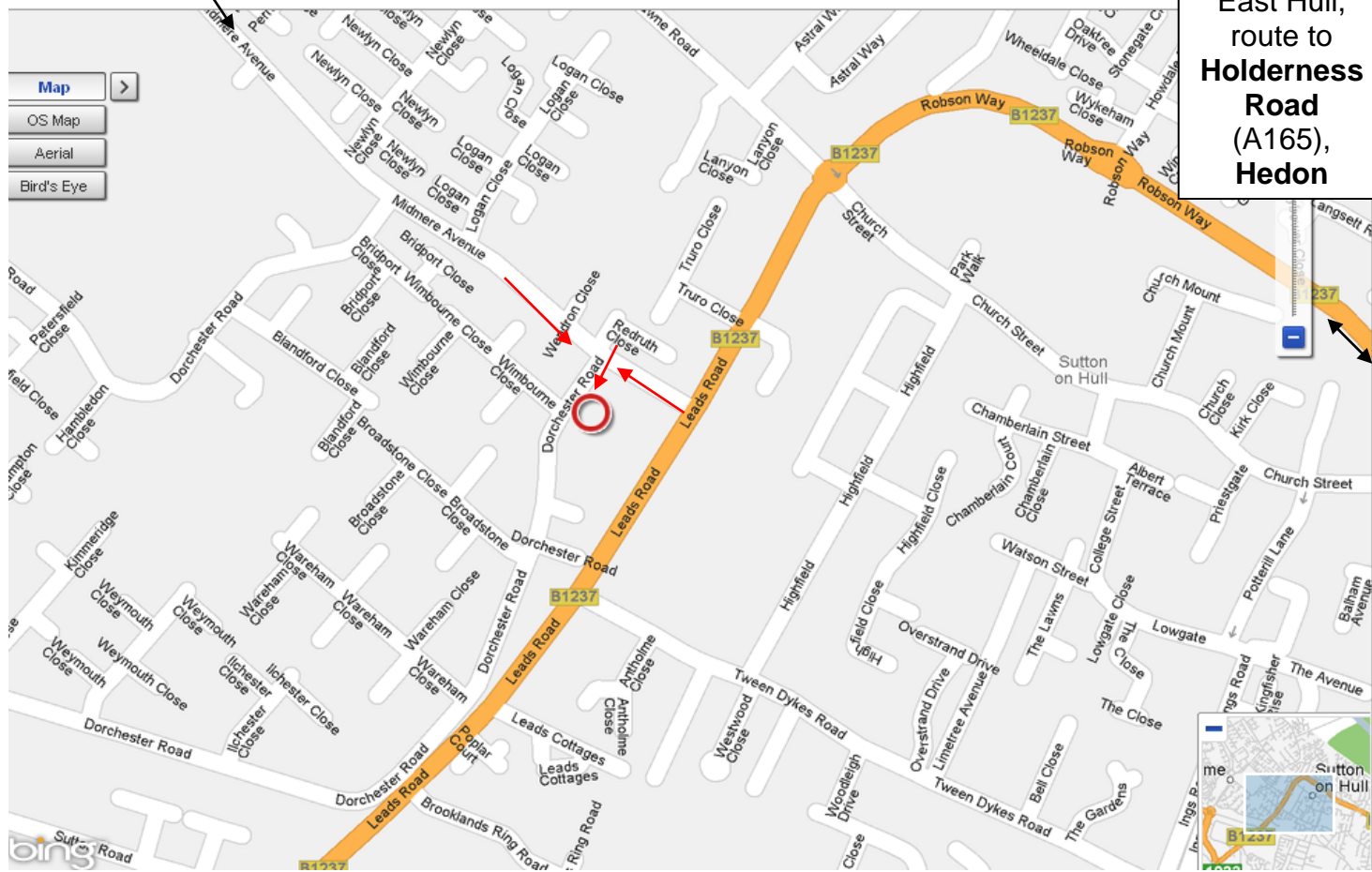
(type *810 safe sleep* in the key word search box, the course name is 810 Safe Sleep Cascade Training)

NON CHCP STAFF PLEASE COMPLETE SEPARATE BOOKING FORM

**Hull Safeguarding Children's Partnership
Midmere Centre
Dorchester Road
Hull HU7 6BD
Tel: (01482) 379090 (option 4)**

**Kingswood. Route
to Cottingham,
Beverley (A1079) and
A63/M62**

**East Hull,
route to
Holderness
Road
(A165),
Hedon**



**To Sutton Road
(to Greenwood
Avenue, Beverley
Road), and
Stoneferry
(A1033)**

**City Centre,
access to
A63/M62**

Public transport via Stage Coach:

Service numbers 10, 38/a, 51 stop at Bus Stop on Midmere Avenue, opposite fenced offices. All terminate at North Point Shopping Centre.

- Car Park** - on site at side and front (marked overflow).
- Entrance** - door under porch, opposite overflow car park
- Access** - intercom: press button to receive attention and door release